

## **Mastering Work Life Balance** at your Club



## Hey!

Are you a club owner juggling the demands of your business and personal life? Finding work-life balance might seem daunting, especially if you're deeply immersed in the day-to-day operations. To keep your club thriving while savouring well-deserved respites, follow these ten steps towards a harmonious work-life blend that you can start embracing today!



#### Enlist the Perfect Teammate

Seek individuals who not only boast the right qualifications but also resonate with your club's values and mission. These team members will embody your club's essence and empower you to step away from the daily grind with confidence.

#### Develop Systems and Processes

Infuse your operations with efficient systems, like cuttingedge online booking software, to cut down the time you spend on administrative tasks. Look for software that offers features like online registrations, secure payment processing, financial tracking, and a comprehensive overview of your club's health.



### **Delegate With Finesse**

As a club owner, entrust tasks and responsibilities to your adept team. Trust your team to handle various aspects of club operations. Effective delegation not only allows your team to take ownership but also gives you the freedom to concentrate on strategic aspects of your business or take well-deserved breaks.

#### **Empower Your Team Through Training**

Providing comprehensive training to your team members ensures that they can confidently manage the club's operations in your absence. This training not only empowers your staff but is a key step in building a capable and independent team.



#### Set Crystal-Clear Boundaries

Draw distinct lines between work and personal life to preserve work-life balance. Define specific working hours and honour them as closely as possible. Resist the temptation to perpetually check work-related emails during personal time. Boundary-setting safeguards your personal life and wards off burnout.

#### Don't Be Afraid to Take Time Off

Regularly indulge in respites and holidays to stave off burnout and nurture your well-being. Communicate your time off in advance and prepare your team to handle operations in your absence. If you're hesitant about leaving your business, start with brief local getaways. Even brief breaks can help you recharge and gain a fresh



# Harness the Power of Technology

In today's digital age, leveraging technology can be the secret to a streamlined and ever-growing business. A good system should automate repetitive tasks, reduce administrative loads, and enhance communication among your team, parents, and the club.

#### Set Realistic Goals and Expectations

Avoid overloading your schedule with too many projects or commitments, and make sure to set achievable goals and expectations for yourself and your business. Acknowledge your humanity and embrace rest and recuperation.



#### Develop a Business Mindset

Transition from running your kids' activity club as a oneperson show to adopting a business mindset. Plan ahead and make decisions that benefit your club's longterm growth. This shift in mindset is pivotal for creating a sustainable and successful club.

#### **Reflect and Adapt**

Regularly assess your work-life balance and make necessary adjustments. Seek opportunities to further streamline your business, monitor your stress levels, and manage the time you dedicate to your business.

Embark on this exhilarating journey towards work-life balance, and watch your club flourish as you savour the rewards of a well-rounded life!



#### How ClassForKids Take Your Kids Activity to New Heights?

Use the waiting list function to test your market in new locations. Be listed on the ClassForKids Discovery Website with 800,000+ parents visiting. Regulate the monthly payments with the Subscription function.



"I didn't want this old fashioned business

stucture, I wanted everything as efficient as possible. As soon as I saw ClassForKids, I thought 'perfect'. I get my registers online, payments online - it has everything you could need." - Geoff, Good Life Gymnastics